

June 1, 2025

# The Westport Wave

Published by the Westport Village Society, P.O. Box 446, Westport, CA 95488

## Sale Of The Century June 14<sup>th</sup>!

Sheila Winslow

There is still available space to sell your items at the upcoming **Sale of the Century on Saturday, June 14<sup>th</sup> from 10AM to 3PM at the Westport Church and Community Center** at the end of Abalone St. in Westport! This event will also be announced on the Facebook marketplace pages during the next 2 weeks. Let's all make this a successful event!

Please join your neighbors and the community for this Flea Market style sale. The Westport Church and Community Center is planning an Art, Antique, Flea Market, and Bake Sale. Clean out your closet, fire up your oven, get your most creative ideas on canvas! We will have some tables available or bring your own on Saturday, June 14<sup>th</sup> 10AM to 3PM! Sheila will be available at 8:30AM for set up at the Church and Community Center. Please contact Sheila to reserve a table. 916-812-3528 or [sheilawinslow@sbcglobal.net](mailto:sheilawinslow@sbcglobal.net) All donations are welcome!

## Update on Postal Service in Westport

Rob Holt, Treasurer, Westport Community Church

As you may remember from last month's *Wave* article, I asked Mr. Wong, the acting Postmaster for our area, to give us some solid information as to whether Westport is going to use mailboxes or a central "cluster box" located in town. I asked for this by May 15<sup>th</sup>. Receiving no reply, on the 16<sup>th</sup> I messaged Mr. Wong. He said, *"The only solution left is for the community of Westport to place mailboxes in front of their homes."* And *"I will reach out to the individuals outside of the town to see if they are still interested in the community boxes."*

Frustrated with the lack of communication and a timely response from Mr. Wong, I contacted the US Postal Service (USPS) through the USPS website. On May 27<sup>th</sup> Carla Jackson, Customer Relations Manager California District 1, called in reply to my message. To summarize the conversation, the district managers were not aware of the situation, some of the suggestions are against USPS policies and procedures and Ms. Jackson assured me we will have some accurate information after a meeting the first week in June.

In the meantime, the response from USPS Corporate is as follows:

*"Due to the closure of the Westport, CA, Contract Postal Unit (CPU), retail and other services provided at the unit have been suspended. The Postal Service is actively working to address this issue and implement a solution as soon as possible. As we identify the best solution for the Westport community, including finding an efficient and economical way for Westport residents to receive mail delivery services, the Postal Service asks that no further mailboxes be erected at this time until we complete our review of delivery options for this location. Westport customers are temporarily directed to utilize the Fort Bragg Post Office for retail and other services. The Fort Bragg Post Office is located at 203 N Franklin St. in Fort Bragg, CA, 95437 and open Mon-Fri from 9:00 a.m. - 4:30 p.m. The office is closed on Saturday and Sunday. Customers must provide identification to get their packages." "... We will continue to provide updates as new information becomes available. The Postal Service sincerely appreciates community's patience as we work diligently to restore local services."*

My goal was to have a solution for our community by June 1<sup>st</sup>. No luck but, the matter is now escalated to the corporate level so hopefully we will have some answers soon.



**In Memory of Robert L. Scott of  
Pacific Heights Drive, Westport  
12/08/1942-05/18/2025**

Rosalie Scott

Robert Scott passed peacefully away on Sunday, May 18th, after a short stay in Adventist Hospital Ukiah. After spending 61 years living in cities and suburbs, he loved living on the coast among the trees, birds, and wildlife. He dreamed of and designed his house on the hill with help from Joe Rosenthal and had his say in choosing everything except the nails!

**A memorial service will be held On Thursday, June 26<sup>th</sup> at Mendocino Presbyterian Church at 2:00PM followed by refreshments.**

***24/7 Westport Wave***

*The Westport Wave* is always free to everyone at any time on the Newsletter page of our website [www.westportvillagesociety.org](http://www.westportvillagesociety.org) – where you'll find our most current issue as well as over 13 years of monthly back-issues, all in living color, with live links! Check it out, and tell your friends!



**Engaging in Community**

Thad M. Van Bueren, President, WVS

As spring moves into summer, the Westport Village Society has a lot to be thankful for. In the first place, we are very grateful to all of the volunteers who came out to help with upkeep and repair of the stairs at the Headlands Park in Westport on May 9, 10, and 21. Decaying wood structural elements were repaired with epoxy resin and new wood, soil and vegetation in contact with the wood structure was cleared, and preservative was applied to the joints where wooden stair treads join the girders. We are optimistic that those repairs will keep the stairway open for a few more years as we work to secure grant funding for a more permanent solution.

WVS is also thankful that the final permits for the DeHaven access improvement project have been approved and that Coastal Use Permit will soon be issued. Construction costs have been determined and a grant application has been turned in to the State Coastal Conservancy for consideration at their next meeting in September of this year. The application seeks \$270k to construct the built elements approved in the permits. Assuming the grant is awarded, the construction will occur in the summer of 2026.

**A Special Board Meeting is scheduled for Wednesday June 11, 2025 at 6:30 PM at the Community Center.** It will focus on how to sustain WVS into the future. WVS must either engage new volunteers dedicated to our mission or streamline activities to core tasks that will keep the nonprofit legally viable. The bottom line is that WVS urgently needs to engage members who are inspired by the goals described in our articles of incorporation and willing to work to keep the organization viable. **This Special Board Meeting on June 11<sup>th</sup> is an in-person meeting and we welcome your participation and suggestions. Please put this meeting on your calendars and come share your ideas and enthusiasm!!**



Babaji

## Learning to Let Go

Babaji

We are all seeking happiness. The formula for happiness is being able to appreciate all of the blessings that are already in our lives. But moments come when we get caught up in bitterness, fear, or memories of hurts from the past. These negative thoughts keep us from being in that place of appreciation. Letting go of this negativity allows us to be fully present to the blessings that surround us.

Letting go is something that we all want to be able to do, but we often don't know how. We experience clarity and freedom at times, but then the old patterns return. We all have something that we know is not serving us that we wish to release. How do we learn to let go?

This reminds me of a story about how monkeys are caught in India. The monkey catchers will dig a shallow hole and place a pot with a narrow neck and a round body inside. They cover the pot completely except for the opening which is level with the ground and then put a few nuts inside. When a monkey comes around, it puts its hand in the pot to get the nuts. When the monkey tries to pull its hand out while clutching the nuts, it gets trapped. The monkey catcher returns, puts a noose around the monkey's neck, and hits its hand with a stick. Only then does

the monkey let go of the nuts and frees its hand from the pot. But now it's caught. The monkey that was free and was dancing on the treetops has a noose on its neck, gets put in a cage, and then is shipped away from its home in the forest.

We often find ourselves in the same situation. Our minds are free, but then a thought comes in - a past hurt, a memory of loss, unfulfilled expectations, fear, anger, jealousy, hatred, greed. We cling on to these "nuts," refusing to let go, and easily become trapped. Our nature is to be free, but we get trapped by these mind created ways of being that are not serving us and that are keeping us away from our connection with our true Self, our divine Self.

How do we free ourselves?

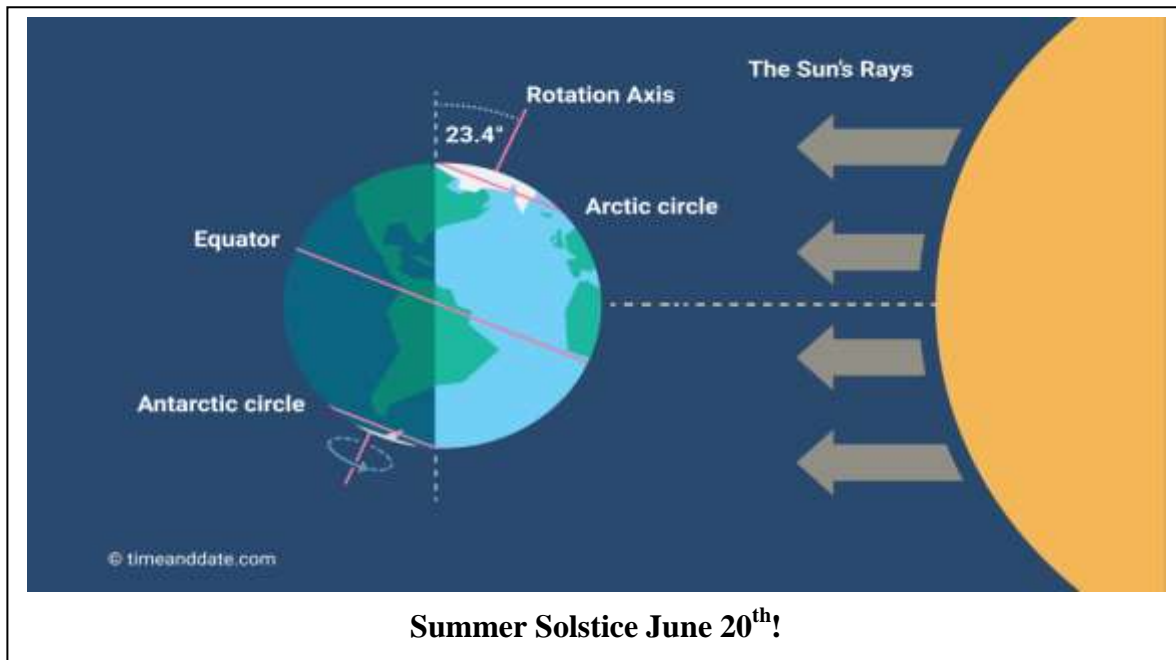
What I have found is that the most helpful way to let go of negativity is to cultivate a higher vision for life; to find something that we are fully devoted to. When you are truly dedicated to something, all of those negative tendencies that trap us become less significant. When we truly cultivate a higher vision for our life and realize that there is so much more to accomplish, explore, and discover about ourselves in this lifetime, we won't keep running back to the past and to those things that do not serve us. Devotion to something higher helps us remain free.

Just as the monkey remains trapped by its own grip, we too can find ourselves held back by what we refuse to release. But we can make a conscious choice to let go. It is our devotion to something higher that allows us to transcend those patterns that limit us. This commitment isn't just about moving on; it's about making every act of letting go an act of reconnecting us with our truest, freest selves.



*Babaji's mission is to help people experience fullness in life through simple spiritual practices and meditation. He divides his time between the Sonoma Ashram in Sonoma and Upasana Hilltop Sanctuary here in Westport. For more information, please visit [www.sonomaashram.org](http://www.sonomaashram.org) or reach out by email at [info@sonomaashram.org](mailto:info@sonomaashram.org). We'd love to hear from you!*





## Westport Calendar June 2025

**Thursday, June 5<sup>th</sup>** – Bookmobile, 9:00AM to 9:30AM, Westport Store

**Thursday, June 5<sup>th</sup>** – Westport Municipal Advisory Council Meeting, 7:00PM, Westport Community Center (see <https://www.wmac95488.org/> for meeting confirmation)

**Wednesday, June 11<sup>th</sup>** – Full Strawberry Moon, 12:43AM

**Wednesday, June 11<sup>th</sup>** – Westport Volunteer Fire Department Monthly Meeting, 6:00PM, Westport Firehouse

**Wednesday, June 11<sup>th</sup>** – Westport Village Society Special Planning Meeting, 6:30PM, Westport Community Center (see page 2)

**Wednesday, June 12<sup>th</sup>** – Westport County Water District Monthly Board Meeting, 7:00PM, Zoom. Call Kayla Cooper at (707)367-1057 for information on attending by Zoom.

**Saturday, June 14<sup>th</sup>** – Flag Day

**Saturday, June 14<sup>th</sup>** – Sale of the Century, 10:00AM to 3:00 PM, Westport Community Center (see page 1)

**Sunday, June 15<sup>th</sup>** – Father's Day

**Thursday, June 19<sup>th</sup>** – Juneteenth

**Thursday, June 19<sup>th</sup>** – Bookmobile, 9:00AM to 9:30AM, Westport Store

**Friday, June 20<sup>th</sup>** – Summer Solstice, 7:42PM

**Saturday, June 21<sup>st</sup>** – Friends of the Fort Bragg Library Benefit Tea, 2:00PM and 4:00PM, Westport Hotel (Reservations required, call (707) 964-3688 – see flyer page 5)

**Wednesday, June 25<sup>th</sup>** – New Moon, 3:31AM

*The Westport Wave* is a free monthly community newsletter published by the **Westport Village Society**, a non-profit community-benefit organization. Internet subscribers to *The Wave* receive their **COLOR** copies on or before the first day of every month by e-mail. Printed (black-and-white) copies of our current newsletter are also available for free at the Westport Community Store. Both the current *Westport Wave* and over 13 years of monthly back-issues are also on the Newsletter page of our WVS website [www.westportvillagesociety.org](http://www.westportvillagesociety.org). Contributions for our July 1<sup>st</sup>, 2025 issue of *The Westport Wave* are due by June 26<sup>th</sup>, 2025 and should be sent to Editor Steve Brigham at [westportwave@gmail.com](mailto:westportwave@gmail.com). Thanks!

Remembering Diana Leon

Back to the Avalon Ballroom

FRIENDS OF THE  
FORT BRAGG LIBRARY  
benefit for the  
LIBRARY ANNEX

**WESTPORT  
HOTEL**  
Afternoon Tea

SATURDAY  
JUNE 21, 2024  
TWO SEATINGS:  
2 & 4 PM

Highway One at Seaview  
38921 CA-1, Westport, CA 95488  
Reservations required. Please call  
(707) 964-3688 to make a reservation

**Groovy!**

with Sean Hathorn,  
guitar

