

September 1, 2025

The Westport Wave

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Westport Village Society Annual Meeting Friday, October 3rd

Thad M. Van Bueren, President, WVS

The Westport Village Society will hold its Annual Member Meeting on Friday, October 3, 2025 at the Westport Community Center. Please mark your calendars and plan to join us!! A social mixer will start at 6:30 PM, providing a chance to meet neighbors and find out about WVS. You can renew your membership or join WVS for the first time. Any contributions of beverages and sweet or savory treats would be welcome!

The Annual Member Meeting will start at 7:00 PM with an update on WVS, the election of two Board Members, and a discussion of your ideas about priorities for the coming year. Two candidates are running for 3 year terms on the WVS Board. Their Statements follow:

Bill Knapp: *My name is Bill Knapp and my current WVS Board term expires this year. I have been a Board member and Officer of WVS since 2005. My preference is for a newer member to fill my position. I will not be an Officer going forward if elected, but will continue to be active with WVS whether on the Board or not. I strongly believe that the WVS Board needs new blood. I will do my best to support and help any new Board Members.*

Madison McKenney: *Hi I'm Madison McKenney (née Ballard). I grew up in Westport and much of what I value has been formed by this place and its people. I have greatly benefited from the work that the Westport Village Society has done and I am hoping to join the board to give back to the community and strive to preserve what I believe to be the culture of Westport.*

After the Annual Meeting at about 7:30 PM local archaeologist Thad Van Bueren will offer a presentation with slides about the lengthy occupation of the Westport area by First Nations. That informal talk will last about 30 minutes.

Information about WVS is available at: <https://www.westportvillagesociety.org/> and a membership application can be downloaded from that website along with information about the organization and its activities. We hope to see you October 3, 2025!



Don't miss Thad's talk on the Westport First Nations at 7:30PM on 10/3

Westport Volunteer Fire Department A Very Successful Fundraising Barbecue

Westport Volunteer Fire Department

Our annual fundraising barbecue on Saturday August 16 was very successful. Several hundred people enjoyed great live music, food and drink, fun activities and the chance to reconnect with old friends and make new ones. More than two dozen craft merchants had their wares for sale, and the silent auction drew bids on many special items. The fundraising event raised a substantial part of the money we need to pay for critical upgrades to a new

24/7 Westport Wave

The Westport Wave is always free to everyone at any time on the Newsletter page of our website www.westportvillagesociety.org – where you'll find our most current issue as well as over 13 years of monthly back-issues, all in living color, with live links! Check it out, and tell your friends!

fire engine that should be in service by the end of the year, thanks to a grant from the State of California supporting small volunteer fire departments in northern Mendocino and southern Humboldt counties. We appreciate the contributions by the members of the bands and the many volunteers who made the event a success, and are very grateful for our community's ongoing support.



WVFD BBQ photo by Rebecca Picard



Babaji

Small Acts of Kindness

Babaji

When I was a child, my father would get up every morning and walk from our house to our farm nearby. He would often carry a handful of wheat flour and would stop and sprinkle a little flour on the ant hills that he saw along the way. One time he told me, “I’m feeding many souls with very little.”

In Indian thought, small acts like this are called a “punya” and it is believed that you gain merit from even the smallest of good deeds. The action does not need to be large to have an impact. It’s about what is in our heart when we engage in any activity, no matter how small. Depending on where our attention is, that kind of vibration is coming out of our being.

We are all capable of doing good. I remember one time we ran out of water at the Ashram. A neighbor saw us struggling and offered to share his water with us. He had never come by before and didn't know anything about our center - he just had the notion of being a good neighbor. Now, many years later, he may not even remember this act of generosity, but I do. When we remember the kindness of others, vibrations go out to them in the form of our blessings.

So when we do some good deed out of the lightness of our heart and without any expectation, the impact can be great. If there is relief experienced by any living creature, there is a vibration of their gratitude that comes to touch us.

Most people believe that they need to do something big in order to have an impact. It's not true. If our mind is concerned with doing something grandiose to make a mark in the world, it's easy to get discouraged. We also don't give importance to the small opportunities of doing good deeds and we miss out.

A generous heart takes the welfare of all into consideration and accommodates others' needs. Such people are inspirational. Moments may arise when you feel taken advantage of. When the reactive mind comes in, you can feel your chest begin to tighten. This is the time to

take a step back and let your heart expand. Generosity of heart is ultimately victorious, prevailing in all situations.

The light radiating out from your heart illuminates the world. When your behavior comes from a place of love, you feel good, and that goodness spreads to others. When kindness flows from you, everyone around you feels it—then in turn, everyone around them feels those vibrations. This is how the light spreads.

Stay in that remembrance, that there is always an opportunity to do good.



Babaji's mission is to help people experience fullness in life through simple spiritual practices and meditation. He divides his time between the Sonoma Ashram in Sonoma and Upasana Hilltop Sanctuary here in Westport. For more information, please visit www.sonomaashram.org or reach out by email at info@sonomaashram.org. We'd love to hear from you!

Potluck and Bingo September 16th at 5:30PM!

Sheila Winslow

It's happening again! In June we had a Potluck and Bingo that drew a group of about 15. We played a few games of Bingo and someone won a nice bottle of wine on blackout! We are trying out this date hoping it won't interfere with any other meetings and bring more folks out. Dorine Real will be providing information on Disaster Preparedness. So join your neighbors and see old friends! **WVS and The Westport Community Church and Center will be hosting a potluck and bingo night on Tuesday, September 16 at 5:30. Please contact Sheila by text or email if you would like to participate.** 916-812-3528 or sheilawinslow@sbcglobal.net

September Westport Calendar

Monday, September 1st – Labor Day

Thursday, September 4th – Westport Municipal Advisory Council Meeting, 7:00PM, Westport Community Center (see <https://www.wmac95488.org/> for meeting confirmation)

Sunday, September 7th – Full Moon, 11:08AM

Wednesday, September 10th – Westport Volunteer Fire Department Monthly Meeting, 6:00PM, Westport Firehouse

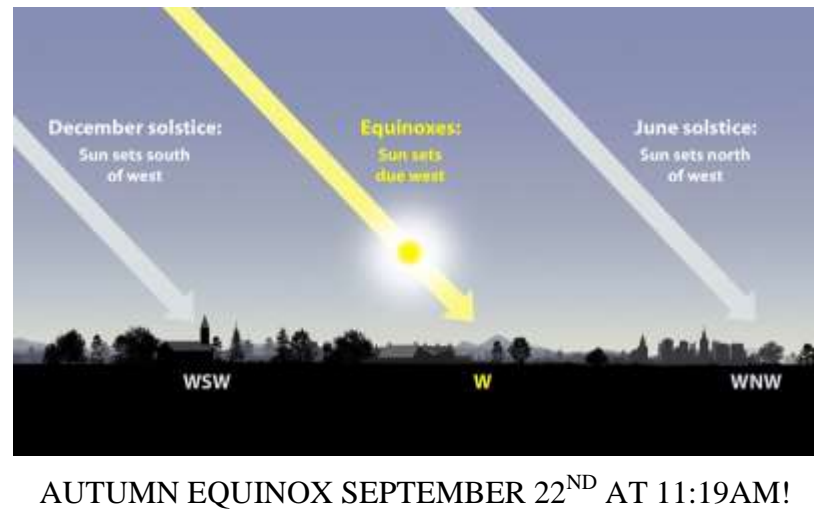
Thursday, September 11th – Bookmobile, 9:00AM to 9:30AM, Westport Store

Thursday, September 11th – Westport County Water District Monthly Board Meeting, 7:00PM, Zoom. Call Kayla Cooper at (707)367-1057 for information on attending by Zoom.

Tuesday, September 16th – Community Potluck and Bingo, 5:30PM, Westport Community Center (see above)

Sunday, September 21st – New Moon, 12:54PM

Monday, September 22nd – Autumn Equinox, 11:19AM



Monday, September 22nd – Rosh Hashanah Begins at Sundown

Wednesday, September 24th – Rosh Hashanah Ends at Sundown

Thursday, September 25th – Bookmobile, 9:00AM-9:30AM, Westport Store

Wednesday, October 1st – Yom Kippur Begins at Sundown

Thursday, October 2nd – Yom Kippur Ends at Sundown

Friday, October 3rd – Westport Village Society 2025 Annual Member's Meeting, 6:30PM, Westport Community Center (see page 1)

The Westport Wave is a free monthly community newsletter published by the **Westport Village Society**, a non-profit community-benefit organization. Internet subscribers to *The Wave* receive their **COLOR** copies on or before the first day of every month by e-mail. Printed (black-and-white) copies of our current newsletter are also available for free at the Westport Community Store. Both the current *Westport Wave* and over 13 years of monthly back-issues are also on the Newsletter page of our WVS website www.westportvillagesociety.org. **Contributions for our October 1st, 2025 issue of *The Westport Wave* are due by Thursday, September 25th, 2025 and should be sent to Editor Steve Brigham at westportwave@gmail.com. Thanks!**



WESTPORT HOTEL'S *Afternoon Tea*

Join us at the Westport Hotel for tea time!

707-964-3688

Saturdays: 3 PM - 5 PM

Complete tea \$40.00 or 2 for \$75.00

Including:

A pot of tea of your choice

Scone w/butter & Jam

Tea sandwiches

Sweet baked item of the day

Fruit & Chocolate

July tea theme

Bastille Day Tea. 7/19

August tea theme

Fruits of Summer. 8/23

Septmber tea Theme

Equinox. 9/20

October tea theme

You Art What You Eat 10/18

38921 N Highway 1, Westport, California 95488